

Via Lucis (Way of the Light)

Stations of the Resurrection



Seventh Station: The Risen Lord Breathes Peace and Gives the Power to Forgive

John 20:19-23

On the evening of that first day of the week,
when the doors were locked, where the disciples were,
for fear of the Jews,
Jesus came and stood in their midst
and said to them, "Peace be with you."
When he had said this, he showed them his hands and his side.
The disciples rejoiced when they saw the Lord.
Jesus said to them again, "Peace be with you.
As the Father has sent me, so I send you."
And when he had said this, he breathed on them and said to them,
"Receive the Holy Spirit.
Whose sins you forgive are forgiven them,
and whose sins you retain are retained."



Eighth Station: The Risen Lord Strengthens the Faith of Thomas

John 20:24-29

Thomas, called Didymus, one of the Twelve,
was not with them [the disciples] when Jesus came.
So the other disciples said to him, “We have seen the Lord.”
But he said to them,
“Unless I see the mark of the nails in his hands
and put my finger into the nailmarks
and put my hand into his side, I will not believe.”

Now a week later his disciples were again inside
and Thomas was with them.
Jesus came, although the doors were locked,
and stood in their midst and said, “Peace be with you.”
Then he said to Thomas, “Put your finger here and see my hands,
and bring your hand and put it into my side,
and do not be unbelieving, but believe.”
Thomas answered and said to him, “My Lord and my God!”
Jesus said to him, “Have you come to believe because you have seen me?
Blessed are those who have not seen and have believed.”

Lectio Divina Process

- **Pray** a simple prayer to the Holy Spirit: “Speak, Lord, your servant is listening.”
- **Read** the passage slowly. As you listen, ask in silence, “Lord, what are you saying to me in this passage?”
- **Listen** for a word or phrase that calls your attention or touches your heart.
- **Share** a brief story or experience of how the word or phrase connects to your life at this moment.
- **Ask** in silence, “Lord, what do you want me to do?” Share what Jesus is inviting you to do.