

# 40 Hours of Eucharistic Adoration

Releasing the Missionary Power of Intercessory Prayer

*Through adoration, the Christian mysteriously contributes to the radical transformation of the world and to the sowing of the Gospel. Anyone who prays to the Savior draws the whole world with him and raises it to God. Those who stand before the Lord are therefore fulfilling an eminent service. They are presenting to Christ all those who do not know him or are far from him; they keep watch in his presence on their behalf.*

Pope St. John Paul II, *Letter to Bishop Albert Houssiau of Liege, Belgium on the Feast of Corpus Christi*, 1996.

# Readings and Hymns for Holy Hour, September 10, 2021

## ADORO TE DEVOTE



1. A - dó - ro te de - vó - te, la - tens Dé - i - tas,
2. Vi - sus, ta - ctus, gu - stus in te fál - li - tur,
3. In cru - ce la - té - bat so - la Dé - i - tas,
4. Pla - gas, si - cut Tho - mas, non in - tú - e - or:
5. O me - mo - ri - á - le mor - tis Dó - mi - ni,
6. Pi - e pel - li - cá - ne, Je - su Dó - mi - ne,
7. Je - su, quem ve - lá - tum nunc a - spí - ci - o,



1. Quae sub his fi - gú - ris ve - re lá - ti - tas:
2. Sed au - dí - tu so - lo tu - to cré - di - tur:
3. At hic la - tet si - mul et hu - má - ni - tas:
4. De - um ta - men me - um te con - fí - te - or:
5. Pa - nis vi - vus vi - tam prae - stans hó - mi - ni,
6. Me im - mún - dum mun - da tu - o sán - gui - ne,
7. O - ro fi - at il - lud quod tam sí - ti - o:



1. Ti - bi se - cor me - um to - tum súb - jì - cit,
2. Cre - do quid - quid di - xit De - i Fí - li - us:
3. Am - bo ta - men cre - dens at - que cón - fi - tens,
4. Fac me ti - bi sem - per ma - gis cré - de - re,
5. Prae - sta me - ae men - ti de te ví - ve - re,
6. Cu - jus u - na stil - la sal - vum fá - ce - re
7. Ut te re - ve - lá - ta cer - nens fá - ci - e,



1. Qui - a te con - tém - plans to - tum dé - fi - cit.
2. Nil hoc ver - bo ve - ri - tá - tis vé - ri - us.
3. Pe - to quod pe - tí - vit la - tro paé - ni - tens.
4. In te spem ha - bé - re, te di - lí - ge - re.
5. Et te il - li sem - per dul - ce sá - pe - re.
6. To - tum mun - dum quit ab o - mni scé - le - re.
7. Vi - su sim be - á - tus tu - ae gló - ri - ae. A - men.

Text: St. Thomas Aquinas, ca. 1224–1274; *Liber Cantualis*, 1983.  
Music: Chant, Mode V; *Paris Processional*, 1697; *Liber Cantualis*, 1983.

# Introduction

The “Forward in Mission” Jubilee can be a moment of missionary renewal for the Archdiocese of Los Angeles. The 40 hours of Eucharistic Adoration at Jubilee pilgrimage sites is a time to pray for revival in the life of faith in the Church in Los Angeles and for a receptivity to the transformative work of the Holy Spirit in the Jubilee Year.

Beginning at 6 p.m. on September 9, 2021, and concluding on September 11, 2021 at 10:00 a.m., each of the 22 designated Jubilee pilgrimage sites in the Archdiocese of Los Angeles will host 40 Hours of Eucharist Adoration in anticipation of the Jubilee Opening Mass. Individuals, families, and groups can come to pray before the Blessed Sacrament to engage in intercessory prayer for the “Forward in Mission” Jubilee to bear much fruit in the Archdiocese of Los Angeles.

## What is intercessory prayer?

More than mere petitionary prayer, intercession is “prayer on behalf of another” (*Catechism of the Catholic Church* 2635). To intercede for an individual or a community is to ask God to manifest his mercy, providence, and deliverance in their lives.

Jesus Christ is our great intercessor who “is always able to save those who approach God through him, since he lives forever to make intercession for them” (Hebrews 7:25). As eternal High Priest, He stands before the Father in His glorified body interceding for us and the whole world. Pope Francis reminds us:

*Jesus' love, Jesus' prayer for each one of us does not cease . . . We must always keep this in mind: Jesus prays for me, He is praying now before the Father and makes Him see the wounds He carried with Him, to show the Father the price of our salvation (Wednesday audience, June 2, 2021, the Feast of Saints Marcellinus and Peter).*

Jesus is praying for the family of God in Los Angeles. He is praying for us personally!

As we participate in the 40 Hours of Eucharistic Adoration, we worship the Lord Jesus and unite ourselves with the desires of his Eucharistic Heart.

## How shall we pray?

During the 40 Hours of Eucharistic Adoration, individuals, families, and groups will be invited to pray before the Blessed Sacrament for three specific intentions:

- For revival of the life of faith in the Archdiocese of Los Angeles,
- For a fresh proclamation and hearing of the Gospel,
- For the raising up of a new generation of missionary disciples of Jesus Christ for our time.

This prayer book divides an hour of prayer into three 20-minute segments, each focusing on one of the three specific prayer intentions.

# FIRST PERIOD OF INTERCESSION

*Let us gaze upon the Eucharistic Lord and join in his prayer for the revival of faith in the Archdiocese of Los Angeles beginning in our own hearts.*

## Sign of the Cross

In the name of the Father,  
and of the Son,  
and of the Holy Spirit.  
Amen.

## Litany of Trust

From the belief that I have to earn your love, **deliver me, Jesus.**

From the fear that I am unlovable, **deliver me, Jesus.**

From the false security that my strength is sufficient, **deliver me, Jesus.**

From the fear that trusting you will leave me destitute, **deliver me, Jesus.**

From all suspicion of your words and promises, **deliver me, Jesus.**

From the rebellion against childlike dependency on you, **deliver me, Jesus.**

From refusals and reluctances in accepting your will, **deliver me, Jesus.**

From anxiety about the future, **deliver me, Jesus.**

From resentment or excessive preoccupation with the past, **deliver me, Jesus.**

From restless self-seeking in the present moment, **deliver me, Jesus.**

From disbelief in your love and presence, **deliver me, Jesus.**

From the fear of being asked to give more than I have, **deliver me, Jesus.**

From the belief that my life has no meaning or worth, **deliver me, Jesus.**

From the fear of what love demands, **deliver me, Jesus.**

From discouragement, **deliver me, Jesus.**

That you are continually holding me, sustaining me, and loving me, **Jesus, I trust in you.**

That your love is greater than my sins and failings and transforms me, **Jesus, I trust in you.**

That not knowing what tomorrow brings is an invitation to lean on you, **Jesus, I trust in you.**

That you are with me in my suffering, **Jesus, I trust in you.**

That my suffering, united to yours, will bear fruit in this life and the next, **Jesus, I trust in you.**

That you will not abandon me, since you are present in your Church, **Jesus, I trust in you.**

That your plan is better than anything else, **Jesus, I trust in you.**

That you always hear me and, in Your goodness, always respond to me, **Jesus, I trust in you.**

That you give me the grace to accept forgiveness and to forgive others,  
**Jesus, I trust in you.**

That you give me all the strength I need for what is asked, **Jesus, I trust in you.**

That my life is a gift, **Jesus, I trust in you.**

That you will teach me to trust you, **Jesus, I trust in you.**

That you are my Lord and my God, **Jesus, I trust in you.**

That I am your beloved one, **Jesus, I trust in you.**

Adapted from the Litany of Trust by Sr. Faustina Maria Pia, SV

## Intercessory Prayer with the Word of God

*As I read this Scripture passage, how am I being inspired and moved to pray for the revival of faith in the Archdiocese of Los Angeles?*

**[Jesus] came to Nazareth, where he had grown up, and went according to his custom into the synagogue on the sabbath day. He stood up to read and was handed a scroll of the prophet Isaiah. He unrolled the scroll and found the passage where it was written:**

**“The Spirit of the Lord is upon me,  
because he has anointed me to bring glad tidings to the poor.  
He has sent me to proclaim liberty to captives and recovery of sight to the blind, to let the oppressed go free, and to proclaim a year acceptable to the Lord.”**

**Rolling up the scroll, he handed it back to the attendant and sat down, and the eyes of all in the synagogue looked intently at him.**

He said to them, "Today this scripture passage is fulfilled in your hearing."

Luke 4:16-21

## Interceding in my own words

Spend the next few minutes praying in your own words asking for the outpouring of the Holy Spirit. Pray for what is necessary for the faithful of the Archdiocese of Los Angeles to cooperate with transformative work of the Spirit.

### THE CRY OF THE POOR

*Psalm 34*

John Foley, S.J.

Refrain

The Lord hears the cry of the poor. Bless-ed be the Lord.

Verses: Slightly faster

1. I will bless the Lord at all times, with praise  
2. Let the low - ly hear and be glad: the Lord  
3. Ev - 'ry spir - it crushed, God will save; will be  
4. We pro - claim your great - ness, O God, your praise

1. ev - er in my mouth. Let my soul glo - ry in the  
2. lis - tens to their pleas; and to hearts bro - ken, God is  
3. ran - som for their lives; will be safe shel - ter for their  
4. ev - er in our mouth; ev - 'ry face bright-ened in your

to Refrain

1. Lord, who will hear the cry of the poor.  
2. near, who will hear the cry of the poor.  
3. fears, and will hear the cry of the poor.  
4. light, for you hear the cry of the poor.

Text: Based on Psalm 34:2-3, 18-19a, 19b-20, 4.  
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# SECONDPERIODOFINTERCESSION

*Let us unite our hearts with the burning zeal that fills the Eucharistic Heart of Jesus as we join in his prayer for a fresh proclamation and hearing of his Gospel in the Archdiocese of Los Angeles.*

## Litany of Praise

(with titles and images of Jesus drawn from the Scriptures)

Praise you, Jesus, you are my Life, my Love.

Praise you, Jesus, you are the Name above all names.

Praise you, Jesus, you are Emmanuel, God with us.

Praise you, Jesus, you are the King of kings.

Praise you, Jesus, you are the King of creation.

Praise you, Jesus, you are the King of the universe.

Praise you, Jesus, you are the Lord of lords.

Praise you, Jesus, you are the Almighty.

Praise you, Jesus, you are the Christ.

Praise you, Jesus, you are the Messiah.

Praise you, Jesus, you are the Anointed One.

Praise you, Jesus, you are the Lamb of God.

Praise you, Jesus, you are the Lion of Judah.

Praise you, Jesus, you are the Bright Morning Star.  
Praise you, Jesus, you are our Champion and Shield.  
Praise you, Jesus, you are our Strength and our Song.  
Praise you, Jesus, you are our Way, the Truth, and the Life.  
Praise you, Jesus, you are the Wonderful Counselor.  
Praise you, Jesus, you are the Prince of Peace.  
Praise you, Jesus, you are the Light of the World.  
Praise you, Jesus, you are the Living Word.  
Praise you, Jesus, you are the Redeemer.  
Praise you, Jesus, you are the Holy One of Israel.  
Praise you, Jesus, you are the Good Shepherd.  
Praise you, Jesus, you are the Sheep Gate.  
Praise you, Jesus, you are the Lord of Hosts.  
Praise you, Jesus, you are the Rock of Ages.  
Praise you, Jesus, you are my Hiding Place.  
Praise you, Jesus, you are the Savior of the World.  
Praise you, Jesus, you are the Strong Tower.  
Praise you, Jesus, you are the Mountain Refuge.  
Praise you, Jesus, you are the Bread of Life.  
Praise you, Jesus, you are the Font of Holiness.  
Praise you, Jesus, you are the Living Waters.  
Praise you, Jesus, you are the True Wine.  
Praise you, Jesus, you are my Spouse and my Maker.

Praise you, Jesus, you are our Fortress.  
Praise you, Jesus, you are our Deliverer.  
Praise you, Jesus, you are our Victory.  
Praise you, Jesus, you are our Salvation.  
Praise you, Jesus, you are our Righteousness.  
Praise you, Jesus, you are our Wisdom.  
Praise you, Jesus, you are our Sanctification.  
Praise you, Jesus, you are our Justification.  
Praise you, Jesus, you are the Door.  
Praise you, Jesus, you are the Great I AM.  
Praise you, Jesus, you are the Great High Priest.  
Praise you, Jesus, you are the Cornerstone.  
Praise you, Jesus, you are our Sure Foundation.  
Praise you, Jesus, you are our Joy.  
Praise you, Jesus, you are our Portion and Cup.  
Praise you, Jesus, you are our Healing and Wholeness.  
Praise you, Jesus, you are our Covenant.  
Praise you, Jesus, you are the Promise of the Father.  
Praise you, Jesus, you are the Everlasting One.  
Praise you, Jesus, you are the Most High God.  
Praise you, Jesus, you are the Lamb that was Slain.  
Praise you, Jesus, you are the Just and Merciful Judge.  
Praise you, Jesus, you are the Balm of Gilead.

Praise you, Jesus, you are the Mighty Warrior.

Praise you, Jesus, you are my Defense.

Praise you, Jesus, you are the Bridegroom.

Praise you, Jesus, you are my Patience.

Praise you, Jesus, you are my Provider.

Praise you, Jesus, you are the Resurrection and the Life.

Praise you, Jesus, you are the Alpha and the Omega.

Praise you, Jesus, you are the Beginning and the End.

Praise you, Jesus, you are all that I need.

Praise you, Jesus, you are all that I want.

Praise you, Jesus, you are worthy of all praise!

Adapted from "Litany of Praise" by Linda Schubert, *Miracle Hour*

## Intercessory Prayer with the Word of God

*As I read this Scripture passage, how am I being inspired and moved to pray for a fresh proclamation of the Gospel in the Archdiocese of Los Angeles?*

**On the next day, their leaders, elders, and scribes were assembled in Jerusalem, with Annas the high priest, Caiaphas, John, Alexander, and all who were of the high-priestly class. They brought them into their presence and questioned them, "By what power or by what name have you done this?"**

**Then Peter, filled with the holy Spirit, answered them, “Leaders of the people and elders: If we are being examined today about a good deed done to a cripple, namely, by what means he was saved, then all of you and all the people of Israel should know that it was in the name of Jesus Christ the Nazorean whom you crucified, whom God raised from the dead; in his name this man stands before you healed. He is ‘the stone rejected by you, the builders, which has become the cornerstone.’ There is no salvation through anyone else, nor is there any other name under heaven given to the human race by which we are to be saved.”**

**Observing the boldness of Peter and John and perceiving them to be uneducated, ordinary men, they were amazed, and they recognized them as the companions of Jesus. Then when they saw the man who had been cured standing there with them, they could say nothing in reply. So they ordered them to leave the Sanhedrin, and conferred with one another, saying, “What are we to do with these men? Everyone living in Jerusalem knows that a remarkable sign was done through them, and we cannot deny it. But so that it may not be spread any further among the people, let us give them a stern warning never again to speak to anyone in this name.”**

**So they called them back and ordered them not to speak or teach at all in the name of Jesus. Peter and John, however, said to them in reply, “Whether it is right in the sight of God for us to obey you rather than God, you be the judges. It is impossible for us not to speak about what we have seen and heard.”**

**After threatening them further, they released them, finding no way to punish them, on account of the people who were all praising God for what had happened. For the man on whom this sign of healing had been done was over forty years old.**

After their release they went back to their own people and reported what the chief priests and elders had told them

As they prayed, the place where they were gathered shook, and they were all filled with the holy Spirit and continued to speak the word of God with boldness.”

Acts 4:5-23, 31

## Interceding in my own words

Spend the next few minutes praying in your own words asking for the outpouring of the Holy Spirit. Pray for what is necessary for the faithful of the Archdiocese of Los Angeles to cooperate with transformative work of the Spirit.

### THE LORD IS MY HOPE

M.D. Ridge

Refrain

The Lord is my hope and my glo-ry. The Lord is the song that I  
sing: so ten-der and lov-ing a shep-herd, so root-ed in  
jus-tice, a king. When shad-ow con - fus-es my vi-sion,  
when sor-row lays claim to my heart, God is my ref-uge, my  
rock and my shield. I will re - ly on the Lord.

Verses

1. Near to death, I cried, "Save me!" and you heard.
2. King - doms fall; na-tions trem - ble at your pow'r.
3. Jus - tice reigns, and the wick - ed are cast down.
4. All who trust in your prom - ise will be saved,
5. Morn - ing comes: I will praise you with my life,

to Refrain

1. You are God, and you lift up the poor.
2. None can stand with - out you at their side.
3. In your love is our safe - ty and strength.
4. for your word has been test - ed in fire.
5. ev - er faith - ful and true to your word.

Text: Based on 2 Samuel 22. Text and music © 1989, M.D. Ridge. Published by OCP. All rights reserved.

# THIRD PERIOD OF INTERCESSION

*Let us listen to the Eucharistic Jesus as he calls forth the raising up of a new generation of missionary disciples for our time in the Archdiocese of Los Angeles.*

## LITANY OF THE SAINTS\*

John D. Becker

2 Repeat each invocation immediately after the Priest or Cantor:

Lord, have mer-cy. Christ, have mer-cy. Lord, have mer-cy.

Invocations 2 Responses: Sing 1-5 four times; 6 two times

(Saint Invocation) 1-4. pray \_\_\_\_\_ for \_\_\_\_\_ us.  
 ("Lord, be merciful,") 5. Lord, de - liv - er us, we pray.  
 ("Be merciful to us sinners:") 6. Lord, we ask you, hear our prayer.

1-4. pray \_\_\_\_\_ for \_\_\_\_\_ us.  
 5. Lord, de - liv - er us, we pray.  
 6. Lord, we ask you, hear our prayer.

to Responses

1-5. All you ho - ly men and wom - en, pray for us.  
 6. Christ, \_\_\_\_\_ hear us. Christ, \_\_\_\_\_ gra - cious - ly hear us.

\*Verses available in accompaniment books.

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Lamb of God, you take away the sins of the world: **have mercy on us.**  
Lamb of God, you take away the sins of the world: **have mercy on us.**  
Lamb of God, you take away the sins of the world: **have mercy on us.**

**Amen.**

## Intercessory Prayer with the Word of God

*As I read this Scripture passage, how am I being inspired and moved to pray for the raising up of a new generation of missionary disciples for our time in the Archdiocese of Los Angeles?*



**“The eleven disciples went to Galilee, to the mountain to which Jesus had ordered them. When they saw him, they worshiped, but they doubted. Then Jesus approached and said to them, “All power in heaven and on earth has been given to me. Go, therefore, and make disciples of all nations, baptizing them in the name of the Father, and of the Son, and of the holy Spirit, teaching them to observe all that I have commanded you. And behold, I am with you always, until the end of the age.”**

Matthew 28:16-20

## **Interceding in my own words**

Spend the next few minutes praying in your own words asking for the outpouring of the Holy Spirit. Pray for what is necessary for the people of the Archdiocese of Los Angeles to cooperate with transformative work of the Spirit.

*Piano instrumental*

Now, let us pray using the words that Jesus taught us.

**Our Father, . . . .**

## **Chant - Tantum Ergo (Pange lingua chant tune)**

Tantum ergo Sacramentum  
Veneremur cernui:  
Et antiquum documentum  
Novo cedat ritui:  
Praestet fides supplementum  
Sensuum defectui.

Genitori, Genitoque  
Laus et iubilatio,  
Salus, honor, virtus quoque  
Sit et benedictio:  
Procedenti ab utroque  
Compar sit laudatio. Amen

***Presider:*** You have given them Bread from heaven.

***Response:*** *Having all sweetness within it.*

***Presider:*** Lord Jesus Christ, you gave us the Eucharist as the memorial of your suffering and death. May our worship of this sacrament of your body and blood help us to experience the salvation you won for us and the peace of the kingdom, where you live with the Father and the Holy Spirit, one God forever and ever.

***Response:*** *Amen*

# Concluding Prayer

*Prayer for the Jubilee Year*

*Commemorating the 250th Anniversary of the Founding of Mission San Gabriel Arcángel  
by St. Junípero Serra*

*Most Reverend José H. Gomez  
Archbishop of Los Angeles*

*Feast of the Nativity of the Blessed Virgin Mary  
September 8, 2021*

Heavenly Father, we thank You for the gift of Your servant, St. Junípero Serra, and for all the missionaries, native peoples, and immigrants who established Mission San Gabriel Arcángel, that Your Kingdom might extend to the ends of the earth.

Help us to walk in their footsteps as missionary disciples. Guided by their example, may we be always faithful and courageous in proclaiming the Gospel of Your Son, Jesus Christ our Lord.

Father, look upon Your family here in Los Angeles with mercy. Taught by the Word of Truth and fed with the Bread of Life, may Your Church here always seek to do Your will, and be the sign of Your love for all peoples, who are sons and daughters of God, all of us loved and desired by You, and born for greater things.

Renew us and strengthen us, and cleanse our hearts. By Your grace, may we follow Jesus with joy and holiness of life, and together with Him build a new world of faith and a city of saints.

Through the intercession of the Blessed Virgin of Guadalupe, Mother of the Americas, may we continue always forward in the mission of St. Junípero Serra, making Jesus Christ known to every heart in every nation.

We ask this, through Jesus Christ our Lord, in the unity of the Holy Spirit. Amen.

## **Reposition of the Blessed Sacrament**

### **Closing Hymn**

Holy God, we praise thy name;  
Lord of all, we bow before thee!  
All on earth thy scepter claim,  
All in heav'n above adore thee;  
Infinite, thy vast domain,  
Everlasting is thy reign.

Hark! the loud celestial hymn  
Angel choirs above are raising,  
Cherubim and seraphim,  
In unceasing chorus praising;  
Fill the heavens with sweet accord:  
Holy, holy, holy, Lord.

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