

## EXPOSITION OF THE BLESSED SACRAMENT

### O SALUTARIS HOSTIA

O salutaris Hostia  
Quae caeli pandis ostium  
Bella premunt hostilia,  
Da robur, fer auxilium.

Uni trinoque Domino  
Sit sempiterna gloria,  
Qui vitam sine termino  
Nobis donet in patria. Amen.

### Opening Prayer:

You expired, Jesus, but the source of life gushed forth for souls, and the ocean of mercy opened up for the whole world. O Fount of Life, unfathomable Divine Mercy, envelop the whole world and empty yourself out upon us.

O Blood and Water, which gushed forth from the Heart of Jesus as a fount of mercy for us. I trust in You!

### The Chaplet of Divine Mercy

**The Our Father:** Our Father, Who art in heaven, hallowed be Thy name; Thy kingdom come; Thy will be done on earth as it is in heaven. Give us this day our daily bread and forgive us

our trespasses as we forgive those who trespass against us; and lead us not into temptation, but deliver us from evil. Amen.

**The Hail Mary:** Hail Mary, full of grace, the Lord is with you. Blessed are you among women, and blessed is the fruit of your womb, Jesus. Holy Mary, Mother of God, pray for us sinners, now and at the hour of our death. Amen.

**The Apostles' Creed:** I believe in God, the Father almighty, Creator of heaven and earth, and in Jesus Christ, His only Son, our Lord, Who was conceived by the Holy Spirit, born of the Virgin Mary, suffered under Pontius Pilate, was crucified, died, and was buried; He descended into hell; on the third day He rose again from the dead; He ascended into heaven, and is seated at the right hand of God the Father almighty; from there He will come to judge the living and the dead. I believe in the Holy Spirit, the holy Catholic Church, the communion of saints, the forgiveness of sins, the resurrection of the body and life everlasting. Amen.

### **On the large bead before each decade:**

**Eternal Father, I offer You the Body and Blood, Soul and Divinity of Your dearly beloved Son, Our Lord Jesus Christ, in atonement for our sins and those of the whole world.**

### **On the 10 small beads of each decade:**

**For the sake of His sorrowful passion, have mercy on us and on the whole world.**

### **Concluding Doxology after five decades:**

**Holy God, Holy Mighty One, Holy Immortal One, have mercy on us and on the whole world. (3X)**

## O Blessed Host

**Fr. John:** “Through you, as through this Host, the rays of mercy will pass to the world.”

**Response: \* Have mercy on us and on the whole world.**

- O Blessed Host, in whom is contained the testament of God’s mercy for us, and especially for poor sinners.\*
- O Blessed Host, in whom is contained the Body and Blood of the Lord Jesus as proof of infinite mercy for us, and especially for poor sinners...\*
- O Blessed Host, in whom is contained life eternal and of infinite mercy, dispensed in abundance to us and especially to poor sinners...\*
- O Blessed Host, in whom is contained the mercy of the Father, the Son and the Holy Spirit toward us, and especially toward poor sinners...\*
- O Blessed Host, in whom is contained the infinite price of mercy which will compensate for all our debts, and especially those of poor sinners...\*
- O Blessed Host, in whom is contained the fountain of living water which springs from infinite mercy for us, and especially for poor sinners...\*
- O Blessed Host, in whom is contained the fire of purest love which blazes forth from the bosom of the Eternal Father, as from an abyss of infinite mercy for us, and especially for poor sinners...\*
- O Blessed Host, in whom is contained the medicine for all our infirmities, flowing from infinite mercy, as from a fount, for us and especially for poor sinners...\*
- O Blessed Host, in whom is contained the union

between God and us through His infinite mercy for us, and especially for poor sinners...\*

O Blessed Host, in whom are contained all the sentiments of the most sweet Heart of Jesus towards us, and especially for poor sinners...\*

**Response: \* We give You thanks.**

- O Blessed Host, our only hope in all the sufferings and adversities of life...\*
- O Blessed Host, our only hope in the midst of darkness and of storms within and without...\*
- O Blessed Host, our only hope in life and at the hour of our death...\*
- O Blessed Host, our only hope in the midst of adversities and floods of despair...\*
- O Blessed Host, our only hope in the midst of falsehood and treason...\*
- O Blessed Host, our only hope in the midst of the darkness and godlessness which inundate the earth...\*
- O Blessed Host, our only hope in the longing and pain in which no one will understand us...\*
- O Blessed Host, our only hope in the toil and monotony of everyday life...\*
- O Blessed Host, our only hope amid the ruin of our hopes and endeavors...\*
- O Blessed Host, our only hope in the midst of the ravages of the enemy and the efforts of hell...\*

**Response: \* I Trust in You!**

- O Blessed Host, when the burdens are beyond my strength and I find my efforts are fruitless...\*
- O Blessed Host, when storms toss my heart about and

my fearful spirit tends to despair...\*

O Blessed Host, when my heart is about to tremble and mortal sweat moistens my brow...\*

O Blessed Host, when everything conspires against me and black despair creeps into my soul...\*

O Blessed Host, when my eyes will begin to grow dim to all temporal things and, for the first time, my spirit will behold the unknown worlds...\*

O Blessed Host, when my tasks will be beyond my strength and adversity will become my daily lot...\*

O Blessed Host, when the practice of virtue will appear difficult for me and my nature will grow rebellious...\*

O Blessed Host, when hostile blows will be aimed against me...\*

O Blessed Host, when my toils and efforts will be misjudged by others...\*

O Blessed Host, when your judgment will resound over me; it is then that I will trust in the sea of Your mercy...\*

**All:** O Blood and Water, which gushed forth from the heart of Jesus as a fount of mercy for us,  
I Trust In You! (3X)

### St. Mary Faustina's Praises of the Divine Mercy

**Fr. John:** The Love of God is the flower---Mercy the Fruit. Let the doubting soul read these considerations on Divine Mercy and become trusting.

**Response: \* I Trust In You!**

Divine Mercy, gushing forth from the bosom of the Father...\*

Divine Mercy, greatest attribute of God...\*

Divine Mercy, Incomprehensible mystery...\*

Divine Mercy, fountain gushing forth from the mystery of the Most Blessed Trinity...\*

Divine Mercy, unfathomed by any intellect, human or angelic...\*

Divine Mercy, from which wells forth all life and happiness...\*

Divine Mercy, better than the heavens...\*

Divine Mercy, source of miracles and wonders...\*

Divine Mercy, encompassing the whole universe...\*

Divine Mercy, descending to earth in the Person of Incarnate Word...\*

Divine Mercy, which flowed out from the open wound of the Heart of Jesus...\*

Divine Mercy, enclosed in the Heart of Jesus for us, and especially for sinners...\*

Divine Mercy, unfathomed in the institution of the Sacred Host...\*

Divine Mercy, in the founding of Holy Church...\*

Divine Mercy, in the Sacrament of Holy Baptism...\*

Divine Mercy, in our justification through Jesus Christ\*

Divine Mercy, accompanying us through our whole life embracing us especially at the hour of death...\*

Divine Mercy, endowing us with immortal life...\*

Divine Mercy, accompanying us every moment of our life...\*

Divine Mercy, shielding us from the fire of hell...\*

Divine Mercy, in the conversion of hardened sinners...\*

Divine Mercy, astonishment for Angels, incomprehensible to Saints...\*

Divine Mercy, unfathomed in all the mysteries of God...\*

Divine Mercy, lifting us out of every misery...\*

Divine Mercy, source of our happiness and joy...\*

Divine Mercy, in calling us forth from nothingness to existence...\*

Divine Mercy, embracing all the works of His hands...\*

Divine Mercy, crown of all of God's handiwork...\*

Divine Mercy, in which we are all immersed...\*

Divine Mercy, sweet relief for anguished hearts...\*

Divine Mercy, only hope for despairing souls...\*

Divine Mercy, repose of heart, peace amidst fear...\*

Divine Mercy, delight and ecstasy of holy souls...\*

Divine Mercy, inspiring hope against all hope...\*

### **Closing Prayer**

Eternal God, in whom mercy is endless and the treasury of compassion inexhaustible, look kindly upon us and increase Your mercy in us, that in difficult moments we might not despair nor become despondent, but with great confidence submit ourselves to Your Holy Will, which is Love and Mercy itself. Amen .

### **Act of Consecration to the Divine Mercy**

Most merciful Jesus, Your goodness is infinite and the treasures of Your grace, inexhaustible. I have infinite trust in Your mercy, which is above all Your works. I surrender myself to You entirely and without reserve, that I may thus live and strive for Christian perfection. I desire to spread Your Mercy through the performance of both spiritual and corporal works of Mercy, particularly in converting sinners, in consoling and aiding the needy, the afflicted and the sick.

Guard me then as Your possession and Your glory, for which I have everything to fear from my human weakness, at the same time I have everything to hope for from Your Mercy. May all men come to know the fathomless depths of Your

mercy, to confide in it and to glorify it forever. Amen. Jesus, I trust in You.

### **Prayer to the Mother of God**

(in honor of our Blessed Mother, Queen and Mother of Mercy)

O Mary, my Mother and my Lady, I offer you my soul and body, my life and my death and all that will follow it. I place everything in your hands. O my Mother, cover my soul with your virginal mantle, and grant me the grace of purity of heart, soul and body. Defend me with you power against all enemies and especially against those who hide their malice behind the mask of virtue. Fortify my soul that pain may not break it. Mother of grace, teach me to live by God's power.

O Mary, a terrible sword has pierced your holy soul. Except for God, no one knows of your suffering. Your soul does not break; it is brave, because it is with Jesus. Sweet Mother, unite my soul to Jesus, because it is only then that I will be able to endure all trials and tribulations and only in union with Jesus will my little sacrifices be pleasing to God. Sweetest Mother, continue to teach me about the interior life. May the sword of suffering never break me. O pure Virgin, pour courage into my heart and guard it.

O Mary, Mother of Mercy, watch over all people, that the Cross of Christ may not be emptied of its power, that man may not stray from the path of the good or become blind to sin, but may put hope ever more fully in God Who is "rich in mercy". May we carry out the good works prepared by God beforehand and so live completely "for the praise of His glory."

### **Act of Entrustment of the World to Divine Mercy**

(by Pope John Paul II, 17 August, 2002)

God, merciful Father, in Your Son Jesus Christ, You have revealed Your love and poured it out upon us in the Holy Spirit, the Comforter. We entrust to You today the destiny of the world and every man and woman. Bend down to us sinners, heal our weakness, conquer all evil and grant that all the peoples of the earth may experience Your mercy. In You the Triune God, may they ever find the source of hope. Eternal Father, by the passion and resurrection of your Son, have mercy on us and upon the whole world.!. Amen.

**Jesus I trust in You!**

### **TANTUM ERGO**

Tantum ergo Sacramentum  
Veneremur cernui,  
Et antiquum documentum,  
Novo cedat ritui;  
Praestet fides supplementum,  
Sensuum defectui.

Genitori Genitoque  
Laus et jubilatio,  
Salus, honor, virtus quoque  
Sit et benedictio:  
Procedenti ab utroque  
Compar sit laudatio. Amen

### **BENEDICTION**

**Fr. John:** You have given them Bread from Heaven,  
Alleluia.

**All:** Having all sweetness within it, Alleluia.

**Eucharistic Blessing:** Lord Jesus Christ, You gave us the eucharist as the memorial of Your suffering and death. May our worship of this sacrament of Your body and blood help us to experience the salvation You won for us, and the peace of the kingdom where You live with the Father and the Holy Spirit, one God forever and ever. Amen .

### **THE DIVINE PRAISES**

Blessed be God.  
Blessed be His Holy Name.  
Blessed be Jesus Christ, true God and true Man.  
Blessed be the Name of Jesus.  
Blessed be His most Sacred Heart.  
Blessed be His most Precious Blood.  
Blessed be Jesus in the most Holy Sacrament of the  
Altar.  
Blessed be the Holy Spirit, the Paraclete.  
Blessed be the great Mother of God, Mary most  
holy.  
Blessed be her holy and Immaculate Conception.  
Blessed be her glorious Assumption.  
Blessed be the name of Mary, Virgin and Mother.  
Blessed be St. Joseph, her most chaste spouse.  
Blessed be God in His Angels and in His Saints.

### **DIVINE MERCY, FLOOD MY SOUL**

I knelt before Him one stormy night  
His face was adorned in a golden light  
I felt so unworthy, I want to run and hide  
But His gaze was so intense I felt paralyzed

Divine Mercy, like a river, oh flood my soul  
Wash me clean and make me whole  
Divine Mercy, like a river, oh flood my soul  
Wash me clean and make me whole.

His Light was so brilliant it melted me  
Reaching to the deepest caverns of my soul  
I felt so bare unadorned in His sight  
Afraid, yet longing to be whole.

Divine Mercy, like a river, oh flood my soul  
Wash me clean and make me whole  
Divine Mercy, like a river, oh flood my soul  
Wash me clean and make me whole.

All I could see, all I could feel  
Was swept away in a river of His Love  
I felt so weak, I rested in His arms,  
Washed clean, His gaze now feels so warm

Divine Mercy, like a river, oh flood my soul  
Wash me clean and make me whole  
Divine Mercy, like a river, oh flood my soul  
Wash me clean and make me whole.

Divine Mercy, like a river, oh flood my soul  
Wash me clean and make me whole  
Divine Mercy, like a river, oh flood my soul  
Touch my heart, my life, my soul  
Touch my heart, my life, my soul